



# Engaging with Nature

WEEKLY IDEAS FOR PARENTS, CAREGIVERS AND EDUCATORS

## From Farm to Table

Think about the food you eat every day.

- Where are these foods from?
- Why is it important to know where our food comes from?
- Why is it important to know how our foods come to us?



Photo by Emma O'Donnell

### No Tech Activities

*No devices or apps needed*

#### Check out a Book

Curious about the farm to table process? Check out one or more of these books at your local library:

PB&J Hooray! by Janet Nolan  
Right this Very Minute by Lisl H. Detlefsen  
See What We Eat, by Scot Ritchie

**More ideas and activities at MAEF:**

<https://tinyurl.com/wwe4d8f>

### Low Tech Activities

*Mobile device/Wi-Fi access*

#### Visit a Local Farmers Market

Visit the Maryland Farmers Market Association website and find a local farmers market:

<https://marylandfma.org/markets/>

Plan and cook a meal together after your visit to the farmer's market!

Get recipes and lots of other ideas from Eat Smart-Be Fit-Maryland:

<http://eatsmartmd.blogspot.com>

### High Tech Activities

*Device/Internet Access/Online Tools*

#### Take a Virtual Tour of Great Kids Farm

You may not be able to visit a farm right now, but the Farm staff at Great Kids Farm has created short videos so you to stay up to date on what's going on at the Farm, to see what's growing, and to check in on the animals.

To view, visit the [City Schools TV channel on YouTube!](#)



The CASEL CARES initiative offers free webinars every Friday on Social Emotional Learning. Check out past and upcoming webinars here:

<https://casel.org/weekly-webinars/>

### Safe Shopping Tips for the Farmer's Market

Get some tips from this Maryland SNAP-Ed and University of MD Extension video:

<https://tinyurl.com/y277ef6t>

## Featured Place

Butler's Orchard  
Germantown, MD

Butler's Orchard is a place for visitors of all ages and interests. With over 25 varieties of fruits, vegetables, trees, and flowers on over 300 acres, there's a lot to offer. Check out their calendar of events or make a picking reservation.

<https://www.butlersorchard.com/>



## Summer Camps - For Kids

Alice Ferguson Foundation Summer Adventure Camp  
<https://fergusonfoundation.org/summercamps/>

Arlington Echo Family Camps 2020 - Echo @ Home  
<https://www.arlingtonecho.org/camps/echo-home.html>

Carrie Murray Nature Center - Summer Nature Camp  
<https://www.carriemurraynaturecenter.org/summer-nature-camp>

Chesapeake Bay Maritime Museum - Rising Tide Virtual Workshops  
<https://forms.gle/mX8VCAXaUfTVBd77A>

Echoes of Nature - Virtual Summer Camps 2020  
<https://www.echoesofnature.org/summer-virtual-camps>  
<https://tinyurl.com/y5zappr2>; <https://tinyurl.com/yyt6c8m2>

Fair Hill Nature Center - Summer Day Camps  
<https://fairhillnature.org/day-programs.html>

Leaders of Tomorrow (LTYC) - LEARN Virtual Arts Camp  
<http://ltyc.net/programs/>; <https://tinyurl.com/yyo6u4ye>

NorthBay Adventure Family Camp  
<https://northbayadventure.org/familycamp/>

Ocean City Estuary Explorers  
<https://camps.oceancitymd.gov/estuary-explorers-camp/>

Pickering Creek Audubon Center - EcoCamp From Home!  
<https://act.audubon.org/a/ecocamp-home>

## For Adults

### Enrichment

NAAEE Monthly Webinar Series  
<https://naaee.org/eepr/learning/monthly-webinar-series>

Hour-long webinars on topics of key interest in environmental education. Register for upcoming events or view recorded events.

### Professional Development

Maryland Centers for Creative Classrooms

Virtual Professional Learning

<https://tinyurl.com/yxzjuxol>

Choose your own CPD adventure!

MSDE Professional Learning Opportunities

Fall Online Course Booklet

<https://tinyurl.com/j7sfm28>

Sea Grant Delaware #75MinuteScienc

Four 75-minute virtual teacher workshops in August. \$10 registration fee includes all four virtual workshops and a 1-year membership to the Mid-Atlantic Marine Education Assoc.

[www.mamea.org/demini.html](http://www.mamea.org/demini.html)

## Maryland Agricultural Education Foundation (MAEF)

<http://maefonline.com/home/teacher-center/agriculture-education-events-resources/>

Looking for online instruction material to teach agricultural education at home? Check out the resources list on this page for **FREE** online ag education materials.