



Engaging with Nature



WEEKLY IDEAS FOR PARENTS AND CAREGIVERS

Weekly Questions to Guide Discussions

This week's theme - Backyard Birding

What kind of birds do we see in our neighborhood?

How would you describe those birds?

How are they similar/different?



No Tech Activities

No devices or apps needed

What is Your Dream Bird?

Describe/draw your dream bird. Use your imagination and be creative!

- Beak - short/long/straight/curved?
- Legs - long or short?
- Color - one color/multiple colors?
- Pattern - stripes/dots/pattern?

Pickering Creek Audubon Center

Website: <https://tinyurl.com/yc84ybbh>

PDF: <https://tinyurl.com/ydygkzgc>

Low Tech Activities

Mobile device/Wi-Fi access

Backyard Birding Introduction

Identify birds in your own backyard.

- How many birds of the same species can you find?
- How many different species of birds can you find?
- Compare and contrast features.

Chesapeake Bay Foundation Website:

<https://tinyurl.com/ycqypga6>

PDF: <https://tinyurl.com/ya4cczrd>

High Tech Activities

Device/Internet Access/Online Tools

Bird Species Exploration

Discover a new world of birding at eBird!

View maps, stats, photos, and sounds for any bird in the world.

eBird website: <https://ebird.org/explore>



Stay Home, Eat Well, Keep Moving

There are many ways you can help your family eat well and stay active while at home. Check out these resources from the University of Maryland Extension's SNAP-Ed program.

English Version

<https://tinyurl.com/ybk9wwox>

Spanish Version

<https://tinyurl.com/y7ph6bge>

COVID-19 PARENTING RESOURCES

From the World Health Organization

[#HealthyAtHome - Healthy Parenting](https://tinyurl.com/y9bmdq3c)

<https://tinyurl.com/y9bmdq3c>

[Proven parenting tips and activities](https://tinyurl.com/ybjrhcaw)

Multiple languages!

<https://tinyurl.com/ybjrhcaw>



Create Your Own State Park
Summer Challenge

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<https://bit.ly/2YerVBz>

The Maryland Park Service

Check out these two statewide programs for families to participate in this summer.

Park Quest 2020



"DIY" Do-It-Yourself Park Quest

<https://bit.ly/3fFbqUW>

Summer Camps - For Kids

Bringing Nature Home:

Summer Adventure Camp at Alice Ferguson Foundation

<https://fergusonfoundation.org/summercamps/>

Join us for this online camp-like experience full of interactive, hands-on activities and live sessions led by our educators to deliver the fun and camaraderie of a summer camp. These three-day sessions (Monday through Wednesday) will run for three hours and will feature crafts, playing games, meeting farm animals, and creating science projects.

Echoes of Nature Virtual Summer Camps 2020

<https://www.echoesofnature.org/summer-virtual-camps>

Although EON can't bring our animal ambassadors to you this summer, we can still share them with you through our new online programs. Checkout the Summer Camp line up below and register through the accompanying Eventbrite link to secure your child's place

Family Camp at NorthBay Adventure This Summer

<https://northbayadventure.org/familycamp/>

Get outside for an adventure of a lifetime at NorthBay's family camp this summer! Choose from a day to a week-long experience enjoying our waterfront, zipline, hiking trails, ropes course, giant swing, game room, great food and much more. Accommodations have AC and private bathrooms. We are conveniently located 1 hour north of Baltimore and south of Philadelphia, in North East, Maryland.

For Adults

Enrichment

Fox Haven: Outdoor Summer Solstice Yoga with the Oh My Starlings!

Saturday, June 20 6:00-8:00 pm

<http://foxhavenfarm.org/events/>

Professional Development

National Agriculture in the Classroom Virtual Conference June 24-25, 2020

<https://agclassroom.org/conferences/virtual.cfm>

Teachers on the Estuary (TOTE)

July 27-31, 2020

<https://www.fisheries.noaa.gov/event/teachers-estuary-workshop>

Featured App - The Walking Classroom

Free until July 31, 2020!

Take brisk 20-minute walks while listening to a custom-written, kid-friendly podcast. Each podcast begins with a brief health literacy message and includes a character value woven throughout the narrative.

<https://www.thewalkingclassroom.org/>